

'Heartsmart' Written Curriculum for Church Schools

	<u>Autumn 1</u> Get HeartSmart	<u>Autumn 2</u> Don't Forget to Let love in	<u>Spring 1</u> Too Much Selfie isn't Healthy	<u>Spring 2</u> Don't Hold On to What's Wrong	<u>Summer 1</u> Fake is a Mistake!	<u>Summer 2</u> No Way Through isn't True
Nursery	Boris' Beginnings Build a Boris Boris Shapes Happy and You Know It Boris Face Dough Boris' Hanging Hearts	VIP Crowns Mirror, Mirror I am Special Because I am ... I am Special Song Fingerprint Tree All About Me Ball	Who is Special to Me? My House Catch a Smile Friendship Web A Friend in Need Bird Feeders	We're All Friends Together Sharing Island Game Robots and Mechanics I am a Kind Friend I Make a Good Friend Emoji Emotions	Boris Has ... The Truth According to Arthur Story Sorting Words Animal Game Thankful Walk In My House	Nuts and Bolts With My ... I Can ... We're Going on a Bear Hunt Incy Wincy Spider Road Blocks Cup Stack Challenge
Reception	My HeartSmart Toolbelt Becoming Boris Fill Boris' Toolbox How do they feel? My Heart is Full! Heart Hunt	I Am Loved! My Favourite Things My Heart! Twinkle, Twinkle! Who Am I? EYFS Has Talent!	I Love to ... Parachute Families Sorting Feelings How Do You Do? Helpful Hearts Thank You for Helping Me	Super Friends Musical Friends Listening Ears Soft Words, Hard Words If I Met the Scrapman... Grumpy Frog Story	Boris and the Scrapman's Lies Cheer Up Boris How Rabbit Got His Long Ears Hat Game Thankful Heart Tell Me About You	Boris in the Kitchen I Can Challenge Stuck! When I Grow Up... Magnetic Maze Changing Caterpillars
Year 1	Get HeartSmart Power Feelings Bingo What Goes in ... Must Come Out Guess Who? Healthy Choices Reflection	Don't Forget to Let Love in! Pants! Truth or Lies Would You Rather Marshmallow Test Taking Care of Me Reflection	Too Much Selfie isn't Healthy Who's Missing? The Smartest Giant in Town Who Looks After Me Teamwork – Monsters University Helping Boris Reflection	Don't Hold On to What's Wrong Goldilocks Forgiveness Fizz Chalk Faces Disappointed Robots Builders and Wreckers Reflection	Fake is a Mistake The Best Me Don't Hide What's Inside Mask Making Telephone Whispers Smile! Reflection	No Way Through isn't True Mission Possible Belly Talk Seeds of Potential Hearts that Dream Love a Lot, Miss a Lot! Reflection
Year 2	Get HeartSmart Power Plus Heart Decisions Bright Hearts Love Map Boris Face Plate Reflection	Don't Forget to Let Love in! I am Cubes Trash or Truth Meaning of My Name Boundin Heartbeat Reflection	Too Much Selfie isn't Healthy Spot the Difference Secret Kindness Agents Everyday Heroes We All Fit Together HeartSmart on the Playground HeartSmart online Reflection	Don't Hold On to What's Wrong That's What Friends Are For Ballet Spoons Let the Ouch Out! Traffic Lights Crumpled Hearts Reflection	Fake is a Mistake Grains of Sand The Truth About Me Real is a Big Deal Nice to Meet You! Sun Safe! Reflection	No Way Through isn't True Road Signs Ways to Say Rainbows from Rain Imagine a Brighter Future Energy Detectives Reflection

Year 3	Get HeartSmart Batteries Inside Out Guard Your Heart My Squad Full or Empty Reflection	Don't Forget to Let Love in! Wear it with Pride Love is Moana 'I know who you are' Growing Gratitude Love Yourself Reflection	Too Much Selfie isn't Healthy Flip Your Phone What's Your Emergency? Elizabeth Everest No Man is an Island Padlocked Privacy Reflection	Don't Hold On to What's Wrong Magic Water Play it Out Balloon Blast Marble Jar Who am I? Reflection	Fake is a Mistake Spot the Difference Shame Detectives! Circle of Trust Build on Truth Allergy Allies Reflection	No Way Through isn't True real one Snakes and Ladders Get Back Up I Can Help! Dream Attitudes Embracing Change Reflection
Year 4	Get HeartSmart Words Have Power Reap What You Sow Wily Wolf Family Recipe Healthy Minds Reflection	Don't Forget to Let Love in! Heart to Heart Brilliant Me Ball One in a Million Don't Agree with 'I don't Like Me' Hands Up! Reflection	Too Much Selfie isn't Healthy What's Missing? Guess My Feelings Unseen Heroes Teamwork Makes the Dreamwork True Smart Phone Reflection	Don't Hold On to What's Wrong Saying Sorry Pass Through the Pain Barrier Good Stress, Bad Stress Boundaries Be Kind Online Reflection	Fake is a Mistake Human BEings Not Human Doings Voice of Love Speak Truth Dare to Be Different Risky Business! Reflection	No Way Through isn't True Endurance Expedition Habits – Help or Hinder Just Keep Swimming Dreamers Changing Me! Reflection
Year 5	Get HeartSmart Boss v Leader Lionheart Watch What You Watch Letter of Thanks Sleep Well Reflection	Don't Forget to Let Love in! Gunner Male the Right Voice Choice Under Pressure Allocating Resources Help! Reflection	Too Much Selfie isn't Healthy When I'm Feeling Lonely Read My Lips Honour Great Groups Be Aware What You Share! Reflection	Don't Hold On to What's Wrong Different Perspective Nelson Mandela Emotions Don't Drive I Did, Not I Am Bully Busting Reflection	Fake is a Mistake Time to Get Real No Need to Hide Soft Shells Hearts That Welcome Feedback Decisions, Decisions! Reflection	No Way Through isn't True Egg in the Flask Success Is Not Always What You See Hope Light Period Relay What Am I? Reflection
Year 6	Get HeartSmart Powerful Poses Stone Trainers Secret Scenarios Tying the Knot Healthy Food, Healthy Heart Reflection	Don't Forget to Let Love in! What are you Worth? People Say I Am Thumbs Up Gratitude Jar Signs to Spot Reflection	Too Much Selfie isn't Healthy All the Same, All Different Listen Up! You Go Before Me Growing Together Social Media – Good or Bad? Reflection	Don't Hold On to What's Wrong Work it Out Power of Forgiveness Ways to Say Bit by Bit Reflection	Fake is a Mistake This is Me HeartSmart Self-Talk Boundaries for Respect Vaccines: Facts vs Fake News Fix it, Find out, Fit in! Reflection	No Way Through isn't True The Bridge to Yet Self Awareness Hearts Filled with Hope Where the Magic Happens Under Construction – The Teenage Brain! Reflection